

**STANDARD PERFORMANCE
SPECIFICATION FOR
RECERTIFIED LACROSSE HELMETS**

NOCSAE DOC (ND) 043 – 11m11

Prepared By



**NATIONAL OPERATING COMMITTEE
ON STANDARDS FOR ATHLETIC EQUIPMENT**

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TABLE OF CONTENTS

Scope	1
Referenced Documents	1
Helmet Preparation	1
Conditioning Environments	1
Impact Attenuation Tests	1
Test Requirements for Recertification	2
Labels and Warnings	2
DECEMBER 2004 MODIFICATIONS/REVISIONS	5
FEBRUARY 2005 MODIFICATIONS/REVISIONS	5
February 2011, MODIFICATIONS/REVISIONS	5

1 Scope

- 1.1 This standard specification establishes performance requirements for the recertification of lacrosse helmets.
- 1.2 ***All testing and requirements of this standard specification must be in accordance with NOCSAE DOC.001, except where modified herein.***
- 1.3 Firms may recertify only those helmets that have been previously certified to NOCSAE.
- 1.4 *This standard does not purport to address all of the safety problems, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2 Referenced Documents

- 2.1 STANDARD DROP TEST METHOD AND EQUIPMENT USED IN EVALUATING THE PERFORMANCE CHARACTERISTICS OF PROTECTIVE HEADGEAR, NOCSAE DOC.001

3 Helmet Preparation

- 3.1 See Section 10, NOCSAE DOC.001.
- 3.2 Face Guards - Helmets must be tested with faceguards attached.
- 3.3 Helmets must be tested before and after all processing and in the condition in which they are to be returned to use (not all helmets are tested - not all helmets are tested both before and after) a statistical sample must be tested. This section should not be construed in any way as overriding Section 3.2 above.

4 Conditioning Environments

- 4.1 See Section 12.1 and 12.3, NOCSAE DOC.001

5 Impact Attenuation Tests

- 5.1 Impact locations are described in Section 19, NOCSAE DOC.001.
- 5.2 The impact locations on headgear shall be obtained using the locator holes on the Positioner Adjuster and/or Stem, which will allow an impact to be centered around the desired impact point on the helmet closest to the specified standard location, which prevents the visor and/or eye protector from contacting the Test MEP pad or anvil throughout the impact.

- 5.3 Each submitted sample helmet shall be impacted in the front position and in one other location in accordance with Table 1 below and as depicted in Figure 1.

TABLE 1

LOCATION - DROP velocities – ft/s (m/s)
(All drop velocities must be within +3% -0%)

	(1) FRONT	(2) SIDE	(5) REAR	(6) TOP
Ambient	16.04 (4.88)	16.04 (4.88)	16.04 (4.88)	16.04 (4.88)
Temperature	17.94 (5.46)	17.94 (5.46)	17.94 (5.46)	17.94 (5.46)

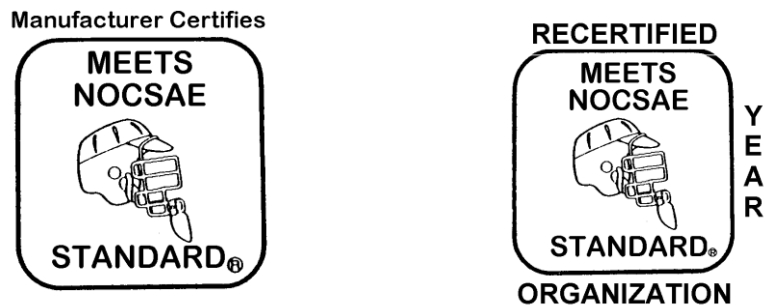
6 Test Requirements for Recertification

- 6.1 Helmet configuration must be the same as originally certified.
- 6.2 All components must function as originally certified.
- 6.3 Helmet shells must be free from cracks (as defined in NOCSAE DOC.001, Section 3.5).
- 6.4 Faceguards must be free of cracks and have no exposed metal or sharp corners.
- 6.5 The peak severity index of any impact shall not exceed 1200 SI for any helmet manufactured on or after June 1, 2005.
The peak severity index of any impact shall not exceed 1500 SI for any helmet manufactured prior to June 1, 2005.
- 6.6 Helmet repositioning during testing is anticipated. Any structural changes or other changes that take place during impact testing which result in un-restorable, loosening of the fit (see Section 20, NOCSAE DOC.001) shall be cause for failure.
- 6.7 A passing helmet is able to withstand all impacts at an acceptable SI and meets all other requirements when tested in accordance with this performance specification.

7 Labels and Warnings

- 7.1 See Section 9.1 through 9.3 of NOCSAE DOC.001.
- 7.2 The labels identified in Section 9.1 shall be permanently and legibly labeled or marked in a manner such that the information can be easily read without removing any permanent component.

- 7.3 A permanent replica of one of the seals shown below must appear on the exterior of the headgear. If the original "Manufacturer" NOCSAE logo is not clearly legible, then the "Recertified" logo shall be applied.



If the "recertified" seal needs to be added, the "YEAR" data must be given and it shall reflect the year of the particular reconditioning season (e.g., 2003) that the helmet is being recertified. The "ORGANIZATION" information is optional; examples might be the name of the recertifier's organization or his company (e.g., NAERA or XYZ Reconditioning).

- 7.4 Each helmet shall have permanently affixed to the exterior of the shell a clearly legible statement which can be easily read without removal of any decal tape, other temporary material or permanent component, which contains language which effectively communicates to the purchaser and user the following information using the same or similar language:

WARNING:

NO HELMET CAN PREVENT ALL HEAD OR ANY NECK INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN LACROSSE.

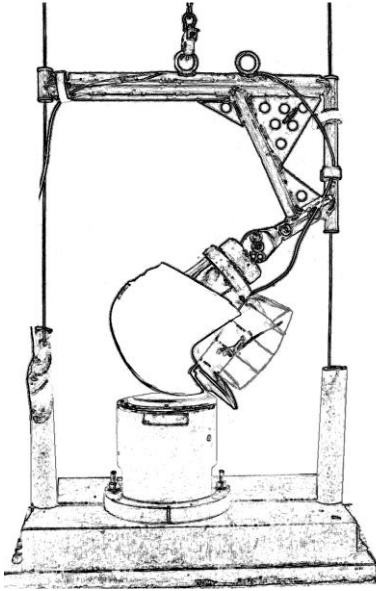
DO NOT USE THIS HELMET TO BUTT, RAM OR SPEAR AN OPPOSING PLAYER. THIS IS IN VIOLATION OF THE LACROSSE RULES AND SUCH USE CAN RESULT IN SEVERE HEAD OR NECK INJURIES, PARALYSIS OR DEATH TO YOU AND POSSIBLE INJURY TO YOUR OPPONENT.

- 7.5 Recertified helmets must have a recertification seal that includes the name of the recertifying firm and the year of recertification. This seal may be placed on the interior or exterior of the shell in an area in which it can be easily read without removal of any permanent component and will also contain the following language:

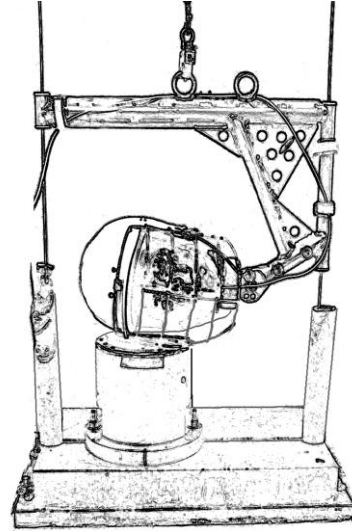
"This helmet has been recertified according to procedures established to meet the NOCSAE Standard."

This standard is subject to revision at any time by the responsible technical authority and must be reviewed every five years and if not revised either reapproved or withdrawn. Your comments are invited either for revision, modification or creation of additional standards and should be addressed to NOCSAE's Executive Director. Check the web at www.nocsa.org to obtain the latest version of a standard.

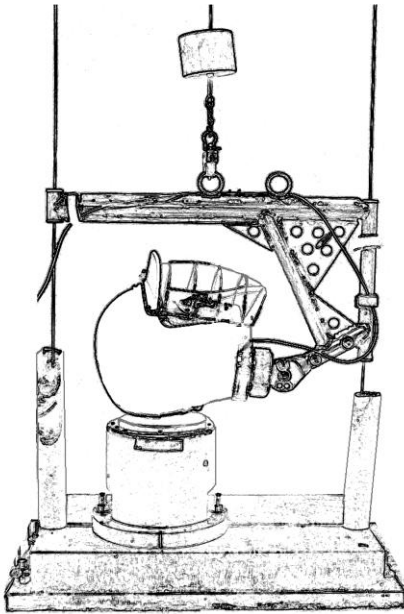
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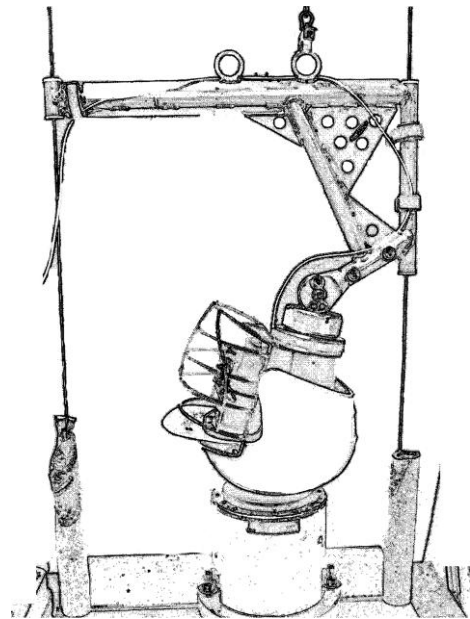
Front Impacts



Right Side Impacts



Rear Impacts



Top Impacts

Figure 1

DECEMBER 2004 MODIFICATIONS/REVISIONS

- Modified section 3.3 to clarify helmets tested.
- Modified section 5 to include clarification of helmet positioning.

FEBRUARY 2005 MODIFICATIONS/REVISIONS

- Modified Section 5.3 to reflect the correct dates

February 2011, MODIFICATIONS/REVISIONS

- **REVISION-** Change drop heights to drop velocities.
- Moved test requirements to section 6. Clarified test requirements